

ASSESSMENT AND PROGRAMME DETAILS

NAME

CLASS

DATE

Consent approved by:

DATE

PUPIL SUMMARY

Y is five years old. He is a very alert young man with a sensitive nature and winning smile. Has cerebral palsy which affects all four limbs with a mixed pattern of athetoid and spastic movements.

Y has poor head and trunk stability and needs to be fixed/anchored to give him some control over his athetoid movements. He has some curvature of his spine and needs a range of equipment to help support him in a symmetrical position.

PROGRESSIONS AND ACTIVITY TIME

Y needs time to go through a range of warm ups to all limbs and muscles prior to physical manipulation or changes of position.

Suggested method: 2 supporting; one riding the bed.

Y can move into supported cross legged sitting with his arms fixed by an adult to prevent unwanted athetoid movements, maintaining some head control in midline. If supported fully, Y enjoys high energy bounces in this position. Be aware of where his wrists and ankles are throughout the bounce. Make sure they do not hit the bed before his bottom or thighs. Control the bounce.

Y can sit astride a roll with his feet supported by pillows/cushions to encourage weight bearing through his knees and feet with a gentle bounce.

Y can high kneel, Needs to be encouraged to maintain head control for short periods of time, up to thirty seconds.

RESOURCES

Towel, wedge, pillows/cushions, communication symbols